

Your First Visit to Rosser Chiropractic

If you are trying to figure out what to bring, or what to expect on your first visit (examination/consultation) to our office, look no further. This guide is written just for you, along with a map so you can find us easily.

What should I bring? Current x-rays or MRIs if you have them (helpful, but not necessary)

What should I wear? Comfortable clothing that allows you to stretch/bend freely

How long is the first visit? Plan on approximately one hour, depending on the complexity of your case

What is the examination like? We'll discuss your complaint, then perform range of motion tests, a posture evaluation, and chiropractic evaluation to see if your complaint is a chiropractic problem.

Will I need a follow-up visit? In most cases, you will not receive treatment on your first visit, so you will need to schedule a follow-up visit to discuss your examination and treatment options.

Should I show up early to fill out paperwork? Yes, approximately 10 minutes. You can also get started by printing out our [Confidential Patient Information](#) form located in the "New Patients" section of our website.

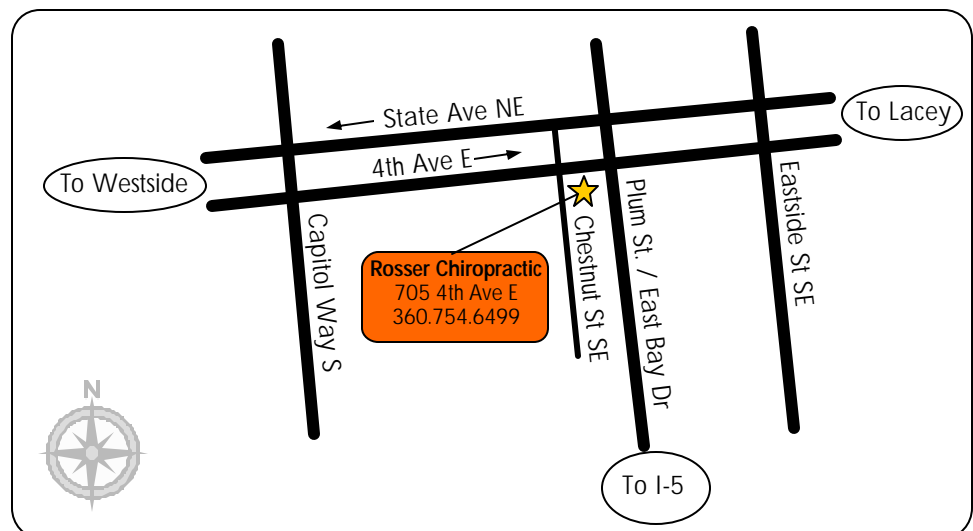
Can my spouse/child come? Yes. We welcome family members. They are often helpful in filling in the details of an accident. We have some activities for children, depending on their age.

Location:

We are located in the building directly across the street from Ruby's Restaurant in Downtown Olympia, and right next door to the downtown Safeway.

Parking:

Metered and 90-minute free stalls are available in front of the building or you may park in our gravel lot just past the building as you come up 4th Avenue.



705 4th Ave, East • Olympia, WA 98506
360.754.6499 info@rosserchiro.com
www.rosserchiro.com

Our practice grows with your referrals. We are dedicated to providing you with personal, friendly chiropractic care in an upbeat environment. If you know someone who can benefit from what we have to offer, please tell them about our office.